

**Parkdean**

# Let's eat!

Delicious  
food, freshly  
prepared



# Kid's breakfast

5 fruit juice

cereal bowl  
selection of *Kellogg's Alpen* cereals

3 items from the hot breakfast bar

toast and butter with preserve

cup of tea or coffee

Kid's choose **healthy**

One of your 5 a day! where you see this logo

Sid says...  
drink your juice it's full of vitamin C



# Let's start with...



**Mum & Dad breakfast**  
why not start your day with a hearty breakfast

orange juice

cereal bowl

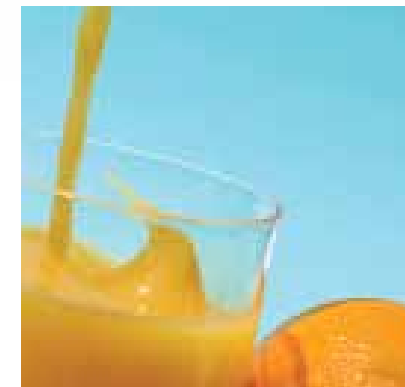
selection of *Kellogg's Alpen* cereals

choice of 5 items from the hot breakfast bar

2 rounds of toast and butter with preserve

cup of tea or coffee

**Tetley** **Lipton** **NESCAFÉ**



# Choose healthy

## on your way to 5 a day!

swap your chips for mash potato

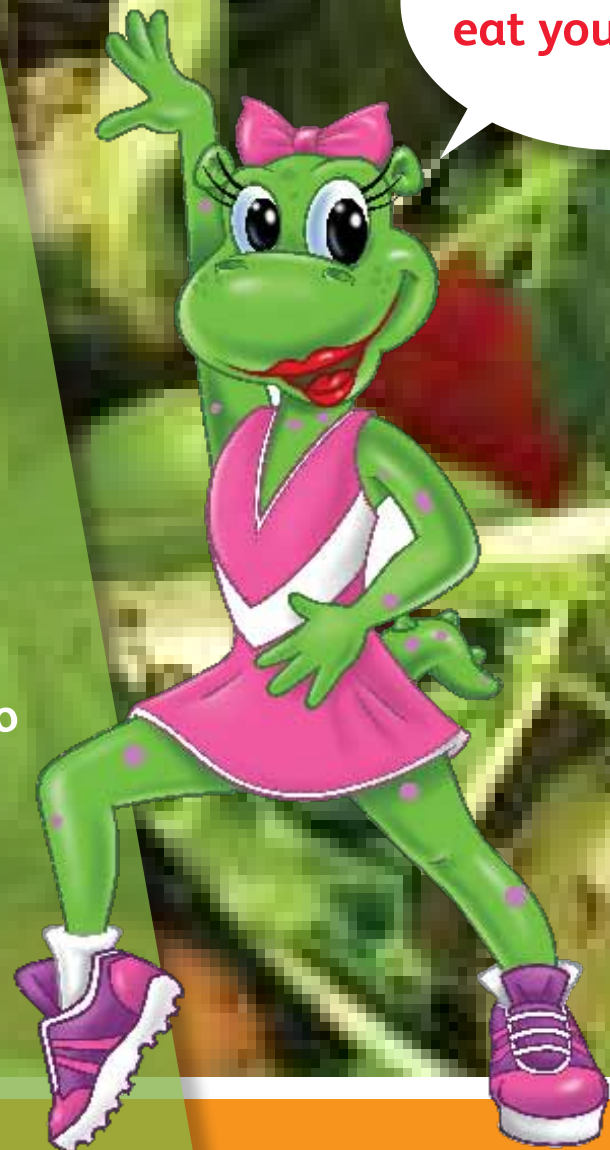
or choose salad instead of garlic bread

how about a jacket potato with beans and salad?

vegetables & salad are good for you

so choose peas or tomato & cucumber

try our chicken salad



Lizzie says...  
eat your greens

## Kid's half board dinner...






### choice of starters

- soup of the day with roll & butter
- garlic bread with cheese v
- melon 5 v
- cheesy nachos with sour cream v
- chicken wings with bbq dip

### choice of main courses

- meatballs in tomato sauce and pasta with a slice of garlic bread
- lasagne with garlic bread and salad
- chicken tikka masala and rice
- chilli con carne and rice with nachos
- roast dinner

All the dishes below are served with chips or jacket potato or mash with either peas, beans or cucumber and tomato salad

- chicken burger
- cheese & tomato pizza v 
- chicken teddies
- fish mini fillet 
- bangers or quorn sausages 
- veggie nuggets with BBQ Sauce 5 v
- cheese burger

### choice of sweets

- ice cream with sauce & wafer
-  Mini Knickerbocker glory with fruit cocktail 5
- chocolate fudge cake with ice cream

## 5 Capri Sun

100% fruit juice  
no added sugar  
or colouring  
to drink with your dinner




# Half board daily choice...

## saturday

### starters

**Chef's soup of the day**  
steaming bowl of soup with croutons


**BBQ ribs** 

**Garlic bread**   
two garlic bread slices  
topped with cheese

### main courses

**Chef's freshly roasted joint of the day**  
served with potatoes & seasonal vegetables

**Home-made steak pie**  
served with potatoes & vegetables of the day or chips

**Covent garden burger**   
A delicious combination of crispy coated puy lentil, vegetables & spring onions served in a sesame bun with mayo, salad, chips, & a spicy salsa on the side

**Chicken & bacon salad**  
served on tossed mixed leaves with garlic bread & new potatoes

### sweets

**Selection of gateaux**  
served with cream or ice cream

**Steamed puddings**  
served with ice cream or custard


**Trio of ice cream**  
served with sauce & wafer

## sunday

### starters

**Chef's soup of the day**  
steaming bowl of soup with croutons


**BBQ chicken wings**  
chicken wings with BBQ Dip

**Battered onion rings**   
served with garlic mayonnaise & salad garnish

### main courses

**Chef's freshly roasted joint of the day**  
served with potatoes & seasonal vegetables

**Spaghetti bolognese**  
Italy's most famous ragu rich tomato sauce topped with parmesan shavings

**Mushroom stroganoff**   
mushrooms coated with cream & brandy sauce served with rice & tortilla chips

**Cheese burger with bacon**  
7oz burger, served on a sesame seed bun with salad, coleslaw and chips

### sweets

**Selection of gateaux**  
served with cream or ice cream


**Steamed puddings**  
served with ice cream or custard


**Trio of ice cream**  
served with sauce & wafer

## monday

### starters

**Chef's soup of the day**  
steaming bowl of soup with croutons


**Melon balls**   
with a hint of midori

**Spicy potato wedges**   
served with tex mex salsa & sour cream

### main courses

**Chef's freshly roasted joint of the day**  
served with potatoes & seasonal vegetables

**Griddled gammon steak**  
served with potatoes and vegetables of the day or chips & salad

**Sweet potato & chickpea curry**   
served with rice and naan bread

**Ham and tomato salad**  
served on mixed lettuce leaves, tomato, cucumber, spring onions with new potatoes & choice of dressing

### sweets

**Selection of gateaux**  
served with cream or ice cream

**Steamed puddings**  
served with ice cream or custard


**Trio of ice cream**  
served with sauce & wafer

## tuesday

### starters

**Chef's soup of the day**  
steaming bowl of soup with croutons


**Prawn cocktail**  
a classic combination of prawns and seafood sauce on a bed of crisp salad


**Breaded mushrooms**   
served with garlic mayonnaise dip

### main courses

**Chef's freshly roasted joint of the day**  
served with potatoes & seasonal vegetables

**Griddled butterfly chicken breast with white wine & mushroom sauce**  
served with potatoes and vegetables of the day or chips & salad

**Veggie tex mex**   
served with rice & tortilla chips

**Cheese ploughmans**   
served on mixed lettuce leaves, tomato, cucumber, spring onions with new potatoes & choice of dressing

### sweets

**Selection of gateaux**  
served with cream or ice cream

**Steamed puddings**  
served with ice cream or custard


**Trio of ice cream**  
served with sauce & wafer


You can join us in the afternoon for a three course traditional Sunday carvery instead of eating in the evening

## wednesday

### starters

**Chef's soup of the day**  
steaming bowl of soup with croutons


**Camembert Bites**   
Served with a cranberry sauce & salad garnish

**Corn on the cob**   
served with butter

### main courses

**Chef's freshly roasted joint of the day**  
served with potatoes & seasonal vegetables

**Beef lasagne**  
served with chips or salad

**Butternut squash & lentil stew**   
Butter nut squash, butterbeans, celery, carrots, lentils. Served with jacket potato and seasonal vegetables

**Roast chicken salad**  
served on mixed lettuce leaves, tomato, cucumber, spring onions with new potatoes & your choice of dressing

### sweets

**Selection of gateaux**  
served with cream or ice cream

**Steamed puddings**  
served with ice cream or custard


**Trio of ice cream**  
served with sauce & wafer

## thursday

### starters

**Chef's soup of the day**  
steaming bowl of soup with croutons


**Chicken goujons**  
served with a sweet chilli dip and salad garnish

**Breaded mushrooms**   
served with garlic mayonnaise dip

### main courses

**Chef's freshly roasted joint of the day**  
served with potatoes & seasonal vegetables

**Chicken tikka masala**  
served on a bed of rice with poppadum

**Vegetable lasagne**   
served with chips or salad

**Tuna & sweetcorn salad**  
served on mixed lettuce leaves, tomato, cucumber, spring onions with new potatoes & your choice of dressing

### sweets

**Selection of gateaux**  
served with cream or ice cream

**Steamed puddings**  
served with ice cream or custard

**Trio of ice cream**  
served with sauce & wafer

## friday

### starters

**Chef's soup of the day**  
steaming bowl of soup with croutons


**Provence pate**  
served with caramelised red onion chutney & sliced ciabatta bread

**Nacho chilli**  
warm tortilla chips, with melted cheese & spicy beef chilli, salsa, sour cream

### main courses

**Chef's freshly roasted joint of the day**  
served with potatoes & seasonal vegetables

**Fish, chips & mushy peas**  
a great British favourite

**Bangers & mash**   
choose from local butchered sausages or quorn sausages served with peas, carrots & gravy

**Roast beef salad**  
served on mixed lettuce leaves, tomato, cucumber, spring onions with new potatoes & your choice of dressing

### sweets

**Selection of gateaux**  
served with cream or ice cream

**Steamed puddings**  
served with ice cream or custard

**Trio of ice cream**  
served with sauce & wafer



upgrade to a main menu dish of your choice using £6.95 credit towards your meal



feeling thirsty? then see our new wine list available at the bar

# Take it easy!!!

After all you **are** on  
holiday and that's why we  
recommend our  
**half board option.**

No shopping, no cooking,  
no dishes to wash... we'll  
take care of everything so  
you can sit back and enjoy.

See reception for details.  
**Have a great holiday!**

## Breakfast

Adults £28.95

Children £16.95

## Half Board

Adults £99.00

Children £65.00

Prices are per Adult or per Child per full week of your holiday.



**Go on!  
Treat yourself,  
you are on  
holiday!**

